

BYRON BAY BORN 1999

Hemp Foods
AUSTRALIA

Your guide to Plant Based Nutrition





Hemp Foods Australia has been championing the extraordinary health and environmental benefits of hemp long before it's legislation in Australia.

Sourcing the best possible hemp from Australia and around the world, we are committed to providing 100% all-natural and certified organic ingredients. Our aim is to deliver the most premium, nutritional products possible to make Australians healthier, inside and out.

Hemp Foods Australia exists to make a positive difference to people, communities and the planet. With the long term goal of building the organic, hemp farming industry in Australia.

We appreciate your support and invite you to join us on this journey.



Hemp Seeds

Add hemp to your daily diet for unsurpassed nutritional benefits including Omega 3, 6 and 9, vitamins & minerals and antioxidants. Hemp is a nutritional powerhouse, with the seeds containing 31% protein and loaded with 43% Omega fatty acids.

- **Shelled & Ready to use**
- **GMO Free**
- **100% Vegan**
- **Naturally Low in Sugar**



Hemp & Your Health

Provides all 9 essential amino acids (which can't be produced by the body) for vital tissue repair and nutrient absorption.

Suggested use:

Sprinkle over any meal to boost nutrition.



ENERGY SUPPORT

IMMUNE SUPPORT

COGNITIVE SUPPORT

VITAMIN & MINERALS

ESSENTIAL OMEGAS 3,6,9

SEED NOT GRAIN



Hemp Gold[®] Protein

Armed with a complete amino acid profile, this natural plant-based protein is made with Hemp Gold[®] containing 60% protein, it is easy to digest and good for your gut. A guilt free energy boost with a smooth creamy texture, it is the perfect grain free protein powder.

- **60% Protein**
- **Naturally Low In Sugar**
- **Easy to Digest**
- **100% Vegan**
- **ACO Certified**
- **Good source of iron, magnesium, and zinc**



Balanced Nutrition

Includes all 9 essential amino acids for building muscle and regulating immune function.

Suggested use:

Add to smoothies, breakfast bowls or to baking.

KETO FRIENDLY



COGNITIVE SUPPORT



VITAMIN & MINERALS



LOW IN SUGAR



LOW CARB



SEED NOT GRAIN



Hemp Gold[®] Seed Oil

Hemp Gold[®] is made by cold pressing hulled hemp seeds, creating a lighter colour and taste than traditional green hemp seed oil-making it a great addition to dressings, sauces, shakes and dips. Hemp Seed Oil is a natural source of plant based Essential Omega 3 & 6. Drizzle over a finished dish to add a delicious and delicate nutty flavour to any meal.

- **Extra mild flavour**
- **Family safe**
- **Perfect for a 'Clean Eating' lifestyle**
- **Contains 90% Omega fatty acids**
- **No cholesterol or trans fat**
- **3480mg of Omega 3 (ALA) per serve**
- **Contains over 100% of the daily recommendation of Vitamin E per serve**
- **Contributes to cell protection from free radical damage**



Balanced Omega Oil

Loaded with Vitamin E antioxidants and cholesterol fighting phytosterols.

Suggested use:

Drizzle over salads, as a dressing or use topically, directly on the skin.

PLANT BASED
OMEGA 3,6,9



NO
CHOLESTEROL



LIGHTER
TASTE



IDEAL FOR
SALADS



Hemp Protein Shakes

Armed with a complete amino acid profile, this natural plant-based protein is made with Hemp Gold® is easy to digest and good for your gut. A guilt free energy boost with a smooth creamy texture, it is the perfect grain free protein powder.

- **ACO Certified Organic**
- **Dairy Free**
- **Vegan Friendly**
- **Easy to Digest**
- **Gut friendly**
- **Grain free protein**
- **Creamy texture**
- **Complete amino acid profile**



Flavourful & Functional

- Contributes to energy production
- Contributes to growth & maintenance of muscle
- Helps build and repair tissue
- Supports immune system health
- Supports cognitive function
- Contributes to reduction in tiredness and fatigue.

Suggested use:

Add to smoothies/shakes, breakfast bowls, protein balls or in baking. Or simply add to milk/water and drink.



Make a shake



Add to baking

VEGAN FRIENDLY



CERTIFIED ORGANIC & 100% NATURAL



COMPLETE PLANT PROTEIN



LOW CARB



VITAMIN & MINERALS



GUT FRIENDLY



SEED NOT GRAIN



Hemp food supports...

inflammation skin

brains immunity

recovery energy

hearts weight loss

exercise families

vegans gut health

Hear what our customers have to say!

We know you will love hemp foods, but don't just take our word for it, read the hundreds of reviews from happy customers who tell us every day. We pride ourselves on listening to customers and ensuring the highest levels of quality and taste.



Amanda Q ★★★★★ [Verified Reviewer](#)

" Nice soft green and off white in colour, high in natural oils with mild nutty hemp flavour similar to pine nuts or sunflower seeds "



Anonymous ★★★★★ [Verified Reviewer](#)

" Good quality Australian Grown hemp seeds. Although I would usually choose organic if available, I was confident enough in your farming practices and business principles to choose home grown conventional over imported organic. "



Ross S ★★★★★ [Verified Reviewer](#)

" Have been using this product for many years now, originally from Bangalow outlet, just love it and use daily. "



Ruth B ★★★★★ [Verified Reviewer](#)

" so delish, smooth nutty and so easy to use with so many foods. "



Jaqui O ★★★★★ [Verified Reviewer](#)

" Great stuff! Use as moisturiser every day after shower & give to my dog! Keeps him healthy & shiny! "



Heather M ★★★★★ [Verified Reviewer](#)

" Real chocolate flavour with no bitter taste. Shakes are smooth & silky with blended berries...YUM...!!! "



David R ★★★★★ [Verified Reviewer](#)

" I use this daily and love it, it also makes a great topping on my fruit and yogurt desserts and well as it makes a great chocolate drink. "



Robyne G ★★★★★ [Verified Reviewer](#)

" Love the taste, the consistency and the fact it is organic! Such a great addition to my morning smoothie. "



Anonymous ★★★★★ [Verified Reviewer](#)

" Great protein, suitable for AIP and kid who is allergic to most things does not react to it. Taste is great too. Delivery was quick. "



Anonymous ★★★★★ [Verified Reviewer](#)

" Great because finally a product without the fillers, sugars etc. just natural hemp very smooth used in shakes, smoothie and chia puddings. Will order again thanks, and love the omega 3 boost too. "



Brad T ★★★★★ [Verified Reviewer](#)

" hi everyone awesome product very tasty and healthy great value for money love putting them in my protein drinks "



Dana P ★★★★★ [Verified Reviewer](#)

" Just love your Hemp Seeds. So tasty and nutritional. Add to smoothies. Sprinkle on salads and everything else Clean energising food. Thank you Hemp Foods for a delicious product. "

BYRON BAY BORN 1999

Hemp Foods

AUSTRALIA

**Tag and share your
hemp creations with us**

f @hempfoodsaustralia

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